



## Healthy Food for Thought

*“Reading is to the mind what exercise is to the body”*

*– Joseph Addison-18th century essayist and poet*



Once again we present our annual Booklist which we hope will provide information, inspiration and motivation. Consider purchases as gifts to students, high school/college libraries, clergy, opinion molders, etc. You can request a book from your public library, and if it is not available, the library will order it for you, or check your local bookstore. CMF does not stock and sell these books. Although we highly recommend these books, we cannot vouch for every word, chapter or verse!

### FAITH

**THE SIGNS OF THE TIMES: UNDERSTANDING THE CHURCH SINCE VATICAN II**, by Rev. Richard Gilsdorf, (Bay Press, 2008) SIGNS is a serious critique of the directions of the Church since Vatican II. Late scripture scholar, Father Gilsdorf laments that during the past 40 years the Church has experienced a growing deterioration, characterized by the emptying of its seminaries and convents, doctrinal dissent and poor catechesis for its children. SIGNS provides a unique perspective on these years of turmoil by giving a precise and thorough explanation of the forces at work. Father Gilsdorf's timely collection of writings will both inspire and challenge any reader.

**TEARS OF GOD: PERSERVERING IN THE FACE OF GREAT SORROWS OR CATASTROPHES**, by Rev. Benedict Groeschel, CFR (Ignatius Press, 2009) Father Groeschel brings his vast experiences as a best-selling author, spiritual adviser, and psychologist to those who have suffered a great sorrow or catastrophe. His deeply-moving book surveys catastrophes of all different kinds in light of the Catholic faith in Divine Providence, God's goodness and mercy, as well as Christ's suffering and death.

**AMERICAN BABYLON: NOTES OF A CHRISTIAN EXILE**, by Rev. Richard Neuhaus, (Basic Books, 2009) Father Neuhaus has written an instructive memoir that explains his deep feelings and love of his adoptive faith with his special insight to the mysteries and teachings of the Church. His main theme is that Christians who practice the faith are really aliens in an often-hostile land and America's libertine decadence clearly underscores this inherent sense of alienation. Materialism and

humanism have too often replaced spiritual devotion, even among those who consider themselves “religious.” Father Neuhaus has used his formidable intellect to underline the quandaries of Catholic America in its time of testing, sustained by his uncompromising hope.

**A CRISIS OF SAINTS: THE CALL TO HEROIC FAITH IN AN UNHEROIC WORLD**, by Rev. George Rutler, (A Crossroad Book, 2009) Pastor, columnist and theologian, Father Rutler explores the spiritual ennui of modern society with his unique insight. While he demonstrates how moral weakness pervades the world, he provides positive encouragements for Christians to seize the baton of moral reformation and in the words of St. Paul, to put on “the new man.” He includes faith in a changing world, the Fatherhood of God, sacred liturgy, Rome and the Church Universal, and the special insight of Catholic literature. Now in paperback it is a must for every Catholic's library.

**ANSWERING THE NEW ATHEISM: DISMANTLING DAWKINS' CASE AGAINST GOD**, by Scott Hahn and Benjamin Wiker (Emmaus Road Publishing, 2008) The authors trace the rise of atheism from as far back as 6th century B.C. to the modern new atheism led by Richard Dawkins, Christopher Hitchens and others who are determined, aggressive and evangelical in their zeal to exterminate religion.

**RIGHTEOUS GENTILES: HOW PIUS XII AND THE CATHOLIC CHURCH SAVED HALF-A-MILLION JEWS FROM THE NAZIS**, by Ronald Rychlak (Dallas: Spence Publishing, 2005) This is considered the most extensive and well-documented book in defense of Pope Pius XII and lays to rest the vilification of the Catholic Church during WWII.

## HISTORY

**LIGHTS AND SHADOWS: CHURCH HISTORY AMID FAITH FACT AND LEGEND**, by Rev. Walter Brandmuller, (Ignatius, 2009) Former professor of Church history at the University of Augsburg in Germany Father Brandmuller has written a clear examination of the “black legends” of Church history, such as the Crusades, the Inquisition, and the Renaissance Popes that have been used to discredit the Church since the last century. These distorted events have conjured up the idea that the Church has been historically riven with corruption and hypocrisy for much of its existence. Without denying or wincing at the portrayal of the human capacity for folly, failure and even sin, his scholarly rendition moves beyond these debatable events and presents them in their pure human history, revealing a Church with its feet firmly planted in this world but whose vision and teachings aspire to a higher realm.

**10 BOOKS THAT SC\*\*\*ED UP THE WORLD: AND 5 OTHERS THAT DIDN'T HELP MUCH**, by Benjamin Wiker (Regnery, 2008) Christianity revolutionized the world and sent mankind on a 1500-year journey that underscored the fact that man was made in the image and likeness of God and therefore his human dignity deserved respect. In the 16th century a number of books began reducing mankind to the level of beasts. Former college professor and now full-time writer, Wiker has demonstrated how the collective sinister wisdom of Machiavelli, Descartes, Marx, Darwin, Nietzsche, Freud, Hitler and Kinsey have conspired to return mankind to the degradations of the jungle. His revelations will arm the reader against the dire consequences of these evil books.

## GOVERNMENT

**LIBERTY AND TYRANNY: A CONSERVATIVE MANIFESTO**, by Mark Levin (Threshold Editions, 2009) A radio talk show star, Levin has written a timely book that should serve as a clarion call to all patriotic Americans. LIBERTY is the diametric opposite to Marx and Engels. The author skillfully exposes the liberal abuses that have been gradually leading the country down the bumpy road to serfdom, aptly describing the liberals' assault on America's Constitution-backed freedom that has been unraveling the fabric of freedom since the administration of Franklin Roosevelt and his New Deal in the 1930s. FDR's experiment in tyranny has resulted in a continuing web of bureaucracy that has revoked many of America's time-tested values. Levin explores the major issues of the day---global warming, immigration, and health care and offers ways conservatives can counter the liberal erosion that has polluted the political landscape.

**GREEN HELL: HOW ENVIRONMENTALISTS PLAN TO CONTROL YOUR LIFE AND WHAT YOU CAN DO TO STOP THEM**, by Steve Milloy, (Regnery, 2009) Americans can easily fall victim to myths and national falsehoods, so great is their desire to believe in their leaders. Public Policy expert Milloy thoroughly destroys the myth of man-made global warming that has mesmerized people and frightened a nation. He warns that behind the warm and fuzzy rhetoric of sustainability and conservation lays a dark agenda that is threatening the American way of life. In this stunning expose, Milloy unveils the authoritarian impulse compelling the green revolution that would have made Lenin proud.

**A CULTURE OF CORRUPTION: OBAMA AND HIS TEAM OF TAX CHEATS, CROOKS AND CRONIES**, by Michelle Malkin, (Regnery, 2009) Best-selling author Malkin has laid bare the Obama administration's seamy underside that the mainstream media has conveniently ignored. She logically concludes that it is impossible that the president and his wife could have emerged from a Chicago culture of corruption, dating back to Al Capone and not be seriously tainted in direction, motivation and policy. To prove her thesis, Malkin reveals how Obama has appointed brazen tax cheats, Wall Street cronies, petty crooks, slumlords, and influence peddlers to his Team. Malkin removes the blinders of deception from an administration that had promised transparency, and reveals that the president has appointed 32 power-hungry czars who are answerable to no one. She exposes how his first 100 days appointments have been the work of amateurs and have resulted in nothing short of failure and futility. Malkin reveals how ACORN and Obama's union cronies have bullied their way into the limelight and have squandered millions of taxpayer dollars and union dues money in enriching their own coffers and expanding their power.

**NEW DEAL OR RAW DEAL: HOW FDR'S ECONOMIC LEGACY HAS DAMAGED AMERICA**, by Burton Folsom, (Threshold Editions, 2008) Until the advent of ObamaCare, the alphabet soup of the Roosevelt administration was one of the most complicated political exercises in American history. Hillsdale College History Professor Fulsome has revealed FDR's web of deceit and his nefarious paradigm for socialistic control, which has served as a leveling model for President Obama's own grandiose designs on American freedom. He untangles the winding maze of interlocking agencies that has eroded America's basic freedoms. Folsom documents FDR's vindictive nature while explaining in a clear fashion how his mandates worsened the economic crisis and added years to the Depression. This alone should give pause to the media's comparison of Obama to FDR.

**MELTDOWN: A FREE MARKET LOOK AT WHY THE STOCK MARKET COLLAPSED AND THE ECONOMY TANKED**, by Thomas E. Woods, Jr. (Regnery, 2009) Woods destroys the media myths and government spin surrounding the economy...what actually caused the housing bubble and why bailouts and other big-government solutions don't work.

## CULTURE

**CARITAS IN VERITAS (CHARITY IN TRUTH)**, by Pope Benedict XVI, (Ignatius Press, 2009) The early reviews of Caritas in Veritate have been characterized by misconception and exaggerated interpretation. The Pope's 3rd encyclical is not a blueprint for the restructuring of the world economy or for a world government. He recognizes the forces at work in the world. His encyclical is primarily a commentary on morality and the theological foundations of culture. People should read it in the context of global economic crisis—one that has taken place in a moral vacuum, where the pursuit of truth has been abandoned in favor of a crude and unsatisfying materialism. The Pope suggests that we should look to this document as a means for a moral reconstruction of the world's cultures and societies, which can then drive economic events.

**THE WRECK OF WESTERN CULTURE: HUMANISM REVISITED**, by John Carroll, (ISI Books, 2009) Australian sociologist John Carroll's book recounts 500 years' of vain attempts to fill the vacuum created by the dismissal of God from philosophical and scientific relevance. He underscores the fact that even though humanism contributed to some advancement of human dignity, it contained the seeds of its own destruction, once its divorce from the cultural values of the Catholic faith was finalized in the French Revolution. Carroll has deftly focused his study on Shakespeare's Hamlet, which serves as the cultural symbol of the decline of humanism. After Marx, Darwin and Freud, humanism lapsed into a quaint nihilism. With all cultural barriers smashed, humanity simply went back to the rule of the jungle where might makes right and lust and sadism ruled the day.

**HELL AND OTHER DESTINATIONS: A NOVELIST'S REFLECTIONS ON THIS WORLD AND THE NEXT**, by Piers Paul Read, (Ignatius, 2006) British novelist and playwright

Read has written a thought-provoking book, which is basically a series of essays and book reviews that deeply reflect on a wide range of salient Catholic moral and religious issues. Topics include Christians and Jews, Liberation Theology, Islam, The DaVinci Code, sexual desire, the saints and Pope Benedict XVI. His most absorbing discussion revolves around the Church's eschatology, -- the Four Last Things, namely Death, Judgment, Heaven or Hell. The author is genuinely alarmed that a central teaching that once dominated the lives of Catholics has fallen off its radar screen, thus undermining the Church's role in salvation.

**THE POLITICALLY INCORRECT GUIDE TO THE SIXTIES**, by Jonathan Leaf (Regnery, 2009) Still another gem in the P.I. Series, this time shattering the accepted notions of free sex, drugs, rock n' roll, and hippies of the 60's; how radical factions high-jacked traditional ideals and are using Woodstock nostalgia to revise history.

**TRADITION: CONCEPT AND CLAIM**, by Josef Pieper, translated by E. Christopher Kopff (ISI Books, 2008) Dr Kopff has translated and resurrected German philosopher Pieper's important work on the nature of tradition and classical education, drawing upon the great writers of the past including Augustine, Aquinas, Plato and Aristotle.

**ONE PARTY CLASSROOM: HOW RADICAL PROFESSORS AT AMERICA'S TOP COLLEGES INDOCTRINATE STUDENTS AND UNDERMINE OUR DEMOCRACY**, by David Horowitz and Jacob Lakin (Crown Forum, 2009) The authors take us inside 12 major universities, conducting the first comprehensive, multi-year investigation of what is being taught in colleges and universities, public and private. They reveal how academic standards have been violated and systematic indoctrination in radical politics is now an integral part of the liberal arts curriculum.

*Book recommendations are prepared by Elaine Middendorf, Radio Producer of Dangers of Apathy and William A. Borst, Ph.D., Feature Editor.*

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## Australia & North America Lose a Great Champion of the Unborn

**CHARLES HUGH FRANCIS AM QC RFD**  
**July 15, 1924 – August 14, 2009**

Distinguished barrister, one-time parliamentarian and champion of the unborn, Charles Francis AM QC RFD died Friday, on August 14, at 85. He and his wife Babette are great friends of the Cardinal Mindszenty Foundation, made frequent trips to the United States and spoke at CMF Conferences.



Charles grew up in Victoria's Dandenong Ranges, township of Belgrave, where his father was the local doctor. Charles was sent to board at Melbourne Grammar School and then joined the RAAF where he served as an air-gunner during World War II, rose to the rank of captain, and subsequently served as Deputy Judge Advocate General.

After the war, Charles studied law, arts and commerce at Melbourne University and received degrees in all three. He was admitted to the bar in 1948. In 1953 Charles married Babette, (considered the Phyllis Schlafly of Australia!), and they became the parents of 8 children to whom he imparted a love of education, books and sports.

Charles continued a distinguished legal career at the Victorian Bar, spanning 53 years, retiring at the age of 78. Charles was in great demand as a speaker and he continued to write articles on the aspects of law, history and human rights, with his last article appearing in *News Weekly* on the day he died.

Denise Cameron, president of Pro-Life Victoria, paid tribute to the prominent role he played in the pro-life movement. "Charles was a great supporter of his fellow pro-lifers, keenly interested and encouraging of all they did for unborn children, unselfish in the legal assistance, speeches and advice he gave over many years." In 1998 Charles was the attorney for a woman who sued a clinic which had not warned her of the possible psychological consequences of an abortion. He won this case which was the first of its kind in Australia and created legal history.

Charles' advice to his fellow Australians was: "We need to remember God and our Christian heritage with humility and gratitude. For a little more than 200 years we have, indeed been 'the lucky country,' but if we as a nation fail to serve God and obey His commandments, our civilization must inevitably wither and fail."

*May his noble soul rest in peace. Amen*

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### THE BOOK OF PROVERBS 17:27-28

"Whoever moderates his words is learned and prudent. And a man of learning has a precious spirit. If he would remain silent, even the foolish would be considered wise, and if he closes his lips, intelligent."

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## Bargain Buy "5" Reports

**We urge you to order CMF's ~~four~~ 5 selected Mindszenty Reports on President Obama's goals for You, Your Family, and America's Future:**

- **August 2009** A Spoonful of Sugar  
The Socialization of the American Health System
- **June 2009** The Lowest Common Denominator:  
The Obama Administration & its Muscular Socialism
- **January 2009** The Hawaiian Candidate:  
President Obama & his Curious Association with Radicals
- **December 2008** A Sign of Contradiction:  
The 2008 Election & the Catholic Church in America
- **July 2008** Pandora's Closet:  
Barack Obama & Black Liberation Theology

All 5 Reports are yours for a mere \$2.00 incl. postage. The reports will be sent by return mail.

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## Big Brother in Your Car?

Congress is considering a proposal to tax automobile drivers on the number of miles they drive. A bi-partisan Commission established by Congress has recommended that lawmakers should not only increase the gasoline tax, but should begin shifting to a mileage tax. The technology to install monitoring devices in cars is part of federally-funded test projects underway in Oregon and elsewhere. The idea is gaining momentum because less gasoline is being sold due to full-efficient cars, so less tax revenue is generated. The proposal is not only unfair, but it raises serious privacy issues.

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## Mindszenty Report Reprints

**A SPOONFUL OF SUGAR: THE SOCIALIZATION OF THE AMERICAN HEALTH SYSTEM** Our health system is flawed, not broken, can be fixed without the radical socialism of Obamacare; it could ration care, include abortion, euthanasia and put government in total control, the mandates virtually hidden in this massive one thousand-plus page bill. Churches should be especially concerned over the life issues.  
Ask for 8/09

**THE GREEN MONSTER: SOCIALISM AND THE ENVIRONMENTAL MOVEMENT** Cites the political-socialist-neo Marxist theories that have created today's radical environmentalism. Fear mongering, government coercion, junk science and "a green" president have propagandized the American people. Several good books with accurate scientific info are recommended.  
Ask for 7/09

**THE LOWEST COMMON DENOMINATOR: THE OBAMA ADMINISTRATION AND ITS MUSCULAR SOCIALISM** Traces the history of creeping socialism under FDR when the Great Depression was prolonged and America was derailed from free enterprise; Pres. Obama has accelerated socialism, quickly establishing the elements of European-style welfare state.  
Ask for 6/09

1 copy	\$ .50	100 copies	\$20.00
20 copies	\$5.00	500 copies	\$85.00
50 copies	\$11.00	1000 copies	\$160.00